

SEPTEMBER 2019



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|-----------|---------|--|----------|--------|----------|
| Breastfeeding help is available Call the Baltimore City WIC breastfeeding support line @ 410-396-9427. Lactation consultant and peer counselor; on site Monday through Friday 9:00 am- 4:00 pm. | | | | | | |
| 1 | Labor Day | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | Prenatal/Breastfeeding Classes, 1:30 pm-3 pm. Free to pregnant WIC participants, dads and family call 410 396-9427 for locations | 19 | 20 | 21 |
| 22/29 | 23/30 | 24 | 25 | 26 | 27 | 28 |



OCTOBER 2019



| 's Best St | | | | | | |
|--|--------------|---------|---|----------|--------|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Breastfeeding help is available Call the Baltimore City WIC breastfeeding support line @ 410-396- 9427. Lactation consultant and peer counselor; on site Monday through Friday 9:00 am- 4:00 pm. | | | | | | |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | Columbus Day | 15 | Prenatal/Breastfeeding Classes, 1:30 pm- 3 pm. Free to pregnant WIC participants, dads and family call 410 396-9427 for locations | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |



NOVEMBER 2019



| ys Best y | | | | | | |
|--|--|---|---|--------------|---------------------------------|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Breastfeeding he Call the Baltimor 9427. Lactation of through Friday 9: | re City WIC breastfeeding consultant and peer counse | support line @ 410-396- elor; on site Monday | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | Veterans Day | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | Prenatal/Breastfeeding Classes, 1:30 pm- 3 pm. Free to pregnant WIC participants, dads and family call 410 396-9427 for locations | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | Thanksgiving | American Indian Heritage Day | 30 |